



# **ASN UPENDO VILLAGE**

**TITLE: ASN UPENDO VILLAGE**

**PERIOD: November-December 2014**

**SUBMITTED TO: UPENDO VILLAGE, NFP, USA**

**SUBMITTED BY: ASN UPENDO VILLAGE, KENYA**

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## **Executive Summary**

ASN Upendo Village has continued to live its name by providing love to the community and especially those infected and affected by HIV and AIDS. This report therefore, covers the activities that were carried out during the months of November and December 2014.

Among the highlights is that 21 of our sponsored pupils in class 8 sat for their Kenya Certificate of Primary Education exam (KCPE). After the KCPE result were released Out of the 21 students who sat for this exam, 9 pupils managed to score 250 marks and above while those with less than 250 marks were 12. Early during the month of December 2014, we organized two academic days for the Primary, High school/College students respectively to evaluate their academic performance.

In the Income Generating Activities Program, four goats gave birth, two to twin kids and two to single kids. In total we had six kids (three female kids and three male kids). The water plant project was officially commissioned on 31<sup>st</sup> October 2014 by her Excellency the first lady Mrs. Margret Kenyatta. The Gender department continued to pursue justice for the victims of gender-based violence.

The medical department continued providing preventive as well as curative services to both our clients as well as the wider general public. Nutrition department educated our clients on the importance of balanced diet, environment and body hygiene. The social services department was able to provide psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children. The support group department successfully enrolled 16 new HIV positive clients and 5 kids to the kids club.

The pages that follow provide in-depth the various activities that were carried out by the ASN Upendo Village team in the different departments during the months of November and December 2014. We would like to most sincerely thank all our supporters because it is as a result of their selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

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# Education Department

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During the month of November, 21 of our sponsored pupils in class 8 sat for their Kenya Certificate of Primary Education exam (KCPE). The KCPE exam marks the completion of primary education. After the KCPE result were released Out of the 21 students who sat for this exam, 9 pupils managed to score 250 marks and above while those with less than 250 marks were 12. Students who attained 250 marks and above will join high school in February 2015. A majority of those with less than 250 marks will repeat while those who are a bit aged will join Technical schools.

Early during the month of December 2014, we organized two academic days for the Primary and High school/College students respectively to evaluate their academic performance of students. The Primary pupils' academic day took place on 25<sup>th</sup> November with a total of 96 pupils and guardians in attendance. The High school/College Academic day followed on December 10<sup>th</sup> with an attendance of 71 students & guardians. During the third term the department was able to receive report cards from a majority of the pupils/students in good time unlike in the second term. This made it possible for timely remittance of the report cards to the sponsors



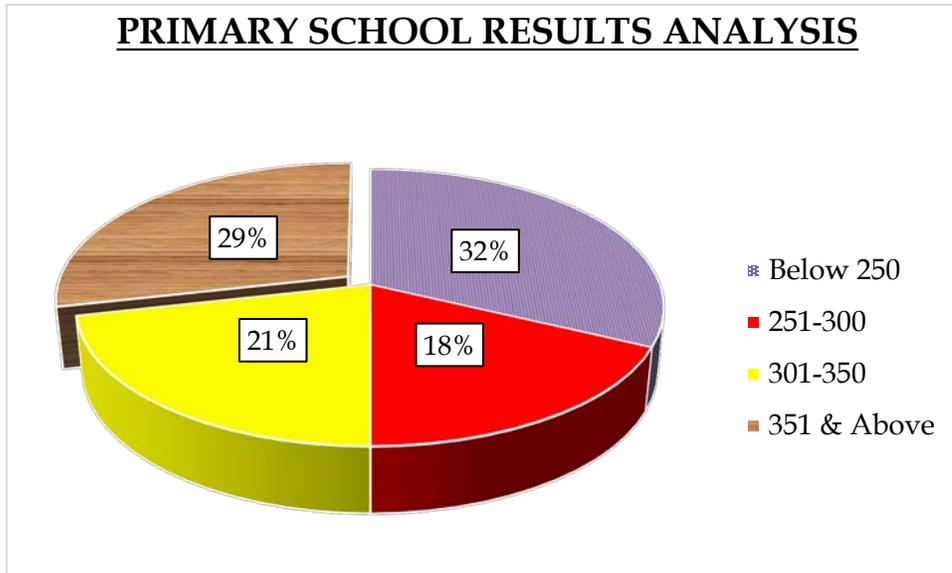
**Photo 1: Sr. Florence addressing pupils & guardian**



**Photo 2: Pupils enjoying a hot meal**

However, a number of College/University students could not be able to attend the Academic Day because they were sitting for their exams. The staff from ASN Upendo Village gave talks to students and pupils on: Teenage sexuality and its consequences, roles and responsibilities during

school holidays among other topics. The pie chart below gives an analysis of the academic performance of class one to seven pupils.



There was a slight decline among the primary school pupils this term in comparison to third term. Whereas last term we had 73% of the pupils scoring 250 marks and above, during third term we had 65% with 250 marks and above. The percentage of pupils scoring 250 marks and below was 35%. The department has advised parents/guardians to buy relevant study materials for the sponsored pupils in order to uplift their academic performance.



**Photo 3: Some of the best performing pupils displaying their awards**

The table 1.0 below gives a brief description of High school performance across all forms.

**Table 1.0**

<b>MEAN GRADE</b>	<b>A</b>	<b>A-</b>	<b>B+</b>	<b>B</b>	<b>B-</b>	<b>C+</b>	<b>C</b>	<b>C-</b>	<b>D+</b>	<b>D</b>	<b>D-</b>	<b>E</b>	<b>TOTAL</b>
Form 1	-	-	-	3	6	1	-	3	1	2	2		18
Form 2	-	-	-	4	3	2	4	3	1	-	-	1	20
Form 3	-	-	-	-	1	-	2	1	4				7
<b>TOTAL</b>				<b>7</b>	<b>9</b>	<b>3</b>	<b>6</b>	<b>7</b>	<b>6</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>45</b>

Generally, across all forms there was no single student who scored a mean grade of B+ as witnessed in Term II results. However, most Form One students seem to have performed quite well with 72% of them scoring a mean grade of C- and above. One student in Form 2 did not sit for end of term exams due to indiscipline problems. The form four candidates are awaiting their National Examination results in March 2015. All students from Form 1 to 3 whose performance was good were awarded during the academic day.

# Income Generating Activities Program

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The program is still working towards empowering the clients. In the period under review (November-December), four goats gave birth two to twin kids and two to single kids. In total we have six kids (three female kids and three male kids).

During that time, a grandmother sold chicken that she had bought with the money that she had loaned from Upendo Village worth Kshs 6,000 and she bought a he-goat to be servicing her dairy goat. Three main support group and two grandmother support groups were visited in that period. They were all reminded on the importance of the IGAS and also thanked for the support and contribution in cash or in kind during the dedication of the Social Service Building which took place on 31/10/2014.

One dairy goat died because of the lungs problem and the chicks ordered by the department for our clients weren't delivered due to delays by the supplier. We have repeatedly informed KARI (Kenya Agricultural Research Institute) office and the response was that they have many orders to work on but we are still waiting and hoping that they will deliver the chicks soon.

## **Water plant project (Fountain Valley Packaged Drinking Water)**

Fountain Valley water project is a water packaging income generating plant within ASN Upendo Village, which was commissioned on 31<sup>st</sup> October 2014 by her Excellency the first lady Mrs. Margret Kenyatta. The product is widely accepted in offices, restaurants, railway stations, airports, bus stands, and hospitals and to some extent even in stable house-holds. So there was a good scope for establishing the unit for processing and bottling plain and mineralized drinking water in Naivasha where we have all the problems associated with unhygienic drinking water.



*Upendo staff members packing and bottling fountain water at the plant*



*Some of the sponsored students helping in the bottling and packing*

The table 1.0 below gives a brief description of weekly sales of Fountain Valley drinking water

**Table 2.0**

<b>Litres</b>	<b>Packs Sold</b>	<b>Pieces/Units Sold</b>	<b>Refill</b>
O.5 litres	18	436	None
1litre	10	120	None
1.5 litres	2	24	None
10 litres	5	5	6 Bottles
20 litres	None	None	6 Bottles
Totals	35	585	12 Bottles

**Achievements**

- ❖ We have been able to make good sales considering ourselves being new in the market.
- ❖ We have been able to get a few reliable customers who are making orders frequently.
- ❖ Through our sponsored students, we are able to pack enough water in respect to the orders we are receiving.

**WAY FORWARD**

- ❖ Always to stay in market while offering competitive products and customer satisfaction.

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# Medical Department

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The dispensary has continued to offer services to the local and the greater general public. The staff are highly professional with optimized skills and desire to offer highly competitive quality care.

The table below represents the number of clients that benefited from the services of our dispensary in the month of November and December 2014.

**Table 3.0**

	<u>NOV</u>			<u>DEC</u>		
<b>Services</b>	New clients	Re-attendance	Total	New clients	Re-attendance	Total
<b>VCT</b>	13	6	19	11	9	20
<b>CHILD WELFARE</b>	16	22	38	6	18	24
<b>ANC</b>	2	1	3	5	1	6
<b>CONSULTATION</b>	156	90	246	105	242	347

THE TABLE BELOW REPRESENTS LABORATORY

**Table 4.0**

<u>TESTS</u>	<u>NOVEMBER</u>	<u>DECEMBER</u>	<u>TOTAL</u>
<b>Routine tests</b>	219	197	416
<b>Full Haemogram</b>	78	92	170
<b>Thyroid function test</b>	0	0	0
<b>Prostate specific antigen</b>	1	2	3
<b>Kidney function test</b>	3	2	5

## **Way forward**

- ❖ This year we are projecting to increase in our outpatient visits by at least 20%.this will be achieved by vigorous marketing and quality service delivery so as to ensure our retention is above 80%
- ❖ The NHIF went through well and is ready to be used starting from this January.
- ❖ We have 2 new members of staff: CO and LABTECH who joined us in the month of January.
- ❖ The dispensary is still on the track to starting ART by the beginning of February after the certification by the County board.
- ❖ There will be a change on the drugs prices and some of the lab services as per the inflation rates.
- ❖ There have been numerous constructions in the pharmacy to increase the storage of drugs and other commodities.
- ❖ We now have two clinical rooms and the new room has been fully furnished and already in use.
- ❖ We have now registered 18 clients into the non-ART care awaiting commencement of ART.

# Nutrition Department

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As the year comes to an end of the year, we have continued to educate our clients on the importance of balance diet, environment and body hygiene. We have also emphasized the need for them to be self-reliant and that's why we ensure that they get to learn and engage in sustainable sources of livelihood not to only really on the food supplements we provide.

We are happy to report that the nutritional supplements have been of great help to our clients as the previous years.

## **Achievements**

- Hygiene related infections are very few.
- Our clients are giving testimonies which encourage other members to open up.
- The sub- groups have enabled them to build their lives and improve their living standards.

## **Challenges**

- Some of our clients lack commitment and co-operation.
- Most of our clients don't appreciate all we do for them.
- Due to increasing number of clients food supplements ratio is less.

## **Way forward**

Our way forward is to continue educating our clients on the importance of good health and hygiene.

# Social Support Department

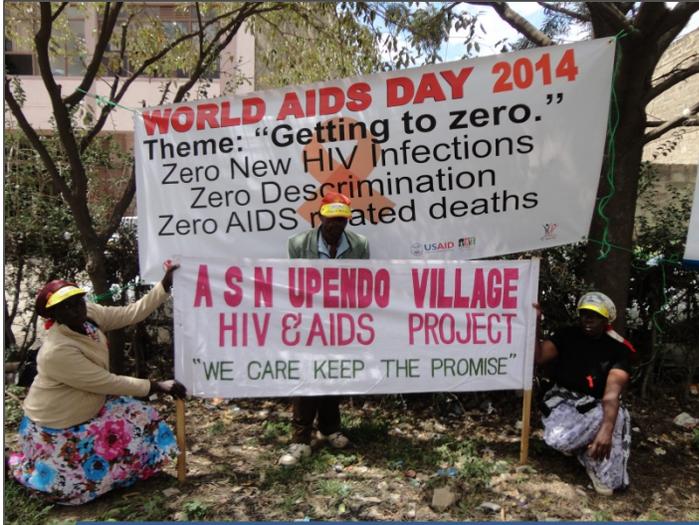
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## World AIDS day

The social welfare office together with other stake holders teamed up to plan for 2014 World AIDS day. We had earlier on requested the Naivasha Constituency AIDS Control Committee coordinator to mobilize other stakeholders to join us for the event. Most of the institutions contacted turned up for the planning meetings and some donated little money to cater for refreshment, some donated public address systems, others chair, tents for HIV Testing and counseling. The little cash that was raised by some of the institutions was \$ 175 which catered for drinking water and refreshments for the guests and World AIDS day participants. Among the guests, the Naivasha Sub County Member of Parliament turned up and other leaders.



*Some of our clients and community health workers during the procession on 1<sup>ST</sup> December 2013*



*Left: Clients pose for a photo and Right: Community Health Workers presenting a song*



*Clients taking snacks*

## **Prevention of Mother to Child Transmission of HIV**

Prevention of mother to child transmission of HIV is crucial to ensure a HIV free generation. ASN Upendo Village continues to advocate for exclusive replacement feeding as the best choice a HIV positive mother can make. During the period under review, we enrolled 30 babies on formula milk who tested HIV negative at 6 weeks, 9 and 18 months. We weaned 6 babies who attained 12 months from formula milk.

We held two meetings with the mothers on 04.11.14 and 02.12.14. They were taught on Supplementary foods from 6 months and Formula milk Feeding guide respectively.

Jose Luis De Barrueta Foundation stop funding the PMTCT project in December 2014. However, we are grateful to the Foundation for supporting the PMTCT project and taking care of the Community Health Workers monthly allowance. We hope that we will find another donor like Jose Luis De Barrueta Foundation in future.

## **Community Health Workers**

A team of 15 Community Health Workers continue to journey and support people living with HIV and AIDS and the orphan vulnerable children. During the period under review, November and December 2014 the team made 176 and 179 visits respectively.

## **Grandmothers Project**

The grandmothers receive social support during their monthly meetings and also discuss issues affecting them thus encouraging each other in sharing experiences of bringing up the orphans. In November they had a cup of tea with Sr. Florence who thanked them for participation and

contribution during the opening of the social services building. After their meeting they surprised her with a gift of plastic flowers which she thankfully received.

In December the group did an evaluation. They expressed their gratitude towards the management of Upendo village for organizing the groups and said it was beyond expression. They said Upendo village is a source of hope and encouragement in their lives and the children under their care. The secretary of the group wrote a Christmas card to Grandmothers in US. The Grandmothers also received a Christmas gift of donated to them by a friend of Upendo which they appreciated



*Grandmothers pose for a photo after receiving their Christmas gift*

## **Gender Desk**

We empowered women, youth and children to live dignified lives without fear of discrimination where the rule of Law is respected and upheld. During the Period under review, 1 incest case was heard and is still ongoing but the ruling is yet to be done. There was also a land case of Naomi

Wanjiku and is also ongoing at Milimani High Court and the hearing date will be on 2<sup>nd</sup> February 2015.

### **Kids Club**

Kids and teenagers who are HIV positive meet once during holidays when schools are closed. Social department also offer counseling to individuals with challenges in life. On 21 November we held a meeting and the turn up was very, 81 (eighty one Kids and 54 guardians attended. The teenagers were taken through the 7 steps to personal excellence by Upendo village CEO. They were encouraged to:-work hard, work smart, think smart, lead, innovate, personal best and balance. They were very excited and participated in the discussion groups. The small ones played with toys and others did drawing and painting.



*Kids played with toys*



*Left: A member of kids club drawing. Right: Kids playing*

### **Support groups**

Upendo village continues to empower clients during support group meetings which are held once in a month. At the end of the year clients did evaluation on the activities carried out and they were very positive about the meetings. They shared how they have benefited in many ways at Upendo village like the provision of formula milk, sponsorship, interest free loans, health talks and home visits among others.



*Support group members evaluating the year 2014*

**Enrollment**

In the period under review, the support group department enrolled 16 new HIV positive clients and 5 kids to the kids club.